PRO HIGH-PERFORMANCE CLINICS

SUMMER 2024 | GREATER GENEVA





GREATER GENEVA

PARIS
SAINT-GERMAIN
ACADEMY Pro

One of the most prestigious and successful European clubs in the world

Paris Saint-Germain is one of the most iconic, successful, and respected European soccer clubs in the world, with a highly visible network of premier professional and youth players, coaches and fans all over the world.

Through its academies and pro academies, Paris Saint-Germain provides a world-class development pathway, transmitting the successful traits of Paris Saint-Germain's soccer methodology.

Paris Saint-Germain's philosophy of excellence maximizes player development

All Paris Saint-Germain Academies in the world follow the worldclass Paris Saint-Germain training program and methodology, renowned for its proven ability to identify, prepare and develop players with what it takes to succeed at the next level.

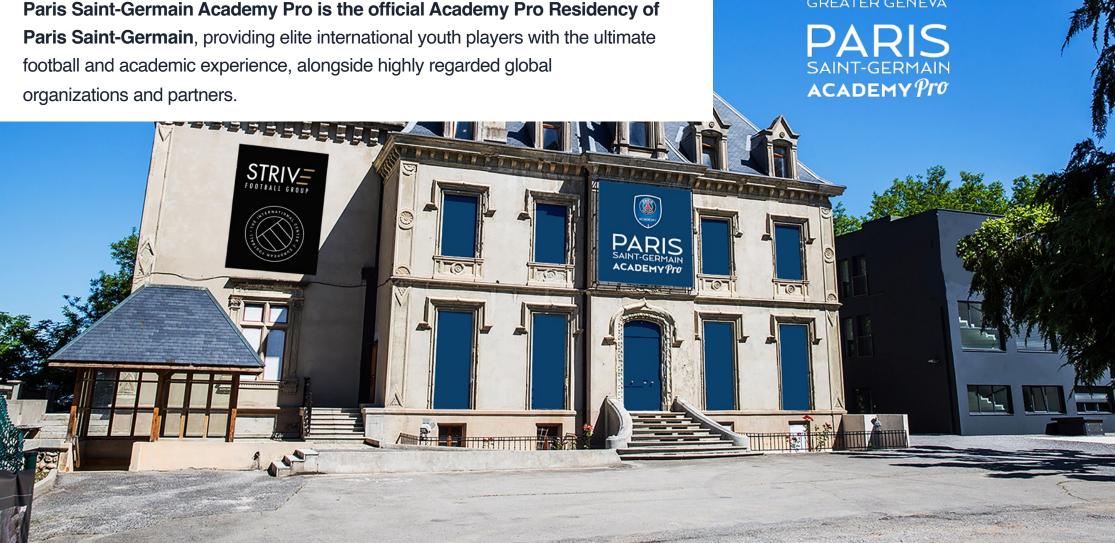
Designed for elite international players, Pro Residency Academies replicate the excellence of the pro training center of Paris Saint-Germain in Paris, fostering growth, and allowing each player to reach their full potential, whether they choose to pursue their soccer career at the professional or collegiate level.

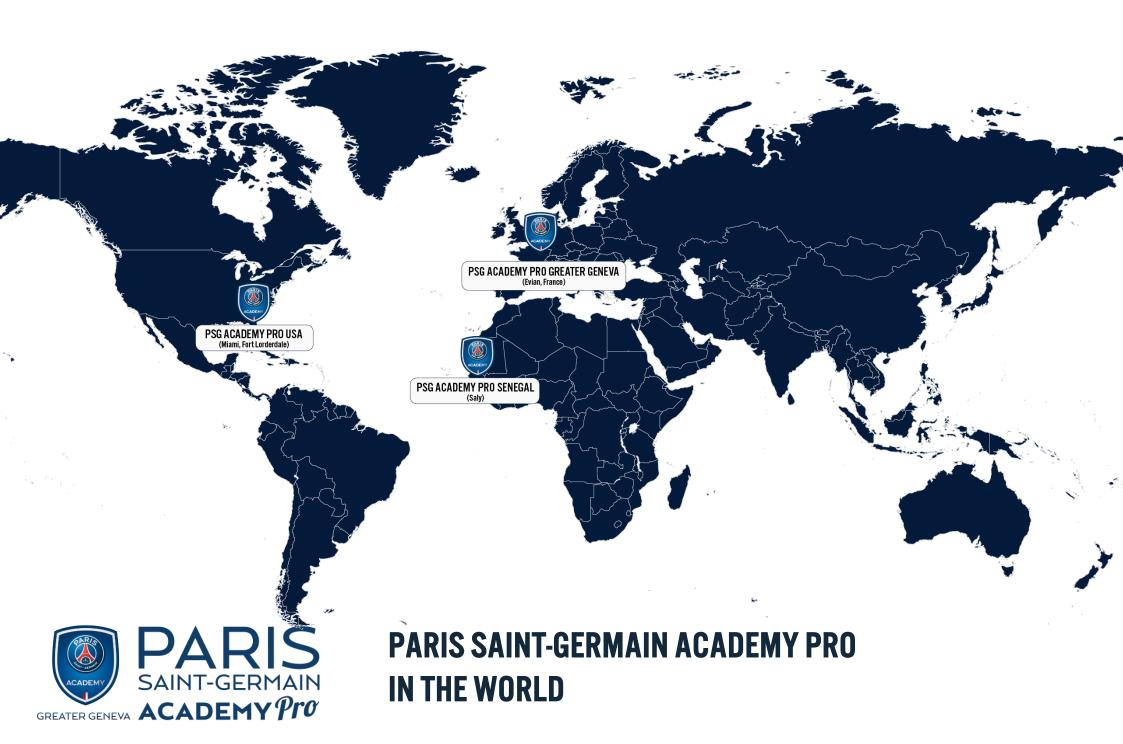
These Academies provide unmatchable professional player development, applying the most challenging levels of the Paris Saint-Germain training methodology.



TALENTED TODAY, **UNSTOPPABLE TOMORROW**

Paris Saint-Germain Academy Pro is the official Academy Pro Residency of







PARIS SAINT-GERMAIN ACADEMY PRO RESIDENCY (GREATER GENEVA, FRANCE)

A UNIQUE

ENVIRONMENT



EVIAN IS THE ULTIMATE EUROPEAN DESTINATION



ONE OF THE BEST FOOTBALL ENVIRONMENTS IN THE WORLD

Located only 40 minutes from Geneva International Airport, the PSG Academy Pro Residency Campus is situated in Evian, France, on a 15-acre domain encircled by breathtaking mountains, lakes, and forests. Surrounded by the Alps and Lake Geneva, the region is one of the ideal European destinations for leisure and outdoor activities, welcoming numerous tourists and events all year long. It's one of the safest and most attractive regions in the world and is home to the headquarters of world-class brands, international organizations as the United Nations and the UEFA located across the lake on the Swiss side as well as significant cultural events like the Montreux Jazz Festival. Evian is also one of the favorite destinations for professional clubs and teams such as Liverpool F.C., West Ham United F.C., Leicester City F.C., Southampton F.C. and Fulham F.C. The men's national teams of Germany, Paraguay, Ivory Coast and Jordan women's national team have also chosen Evian for their pre-season trainings during the summer.



















THE EXCELLENCE OF EUROPEAN FOOTBALL

Through a fully immersive experience at a state-of-the-art soccer center, Paris Saint-Germain Academy Pro Residency provides all-encompassing training, as well as intensive competition opportunities throughout the year to equip our student-athletes with the necessary tools and challenges needed to reach their maximum potential.

Thanks to the Paris Saint-Germain Academy Pro methodology, we produce physically and mentally sharp players that can succeed at the highest level of football in the world. Our individualized development programs and international exposure opportunities lead players to top professional clubs and prestigious universities around the world.



STATE OF THE ART FACILITIES DESIGNED FOR INTERNATIONAL PLAYERS

- domain
- Multiple professional, regulation size, natural, and heated turf fields
- Top-of-the-line equipment and amenities

Professional locker rooms

Hydrotherapy

Physical therapy



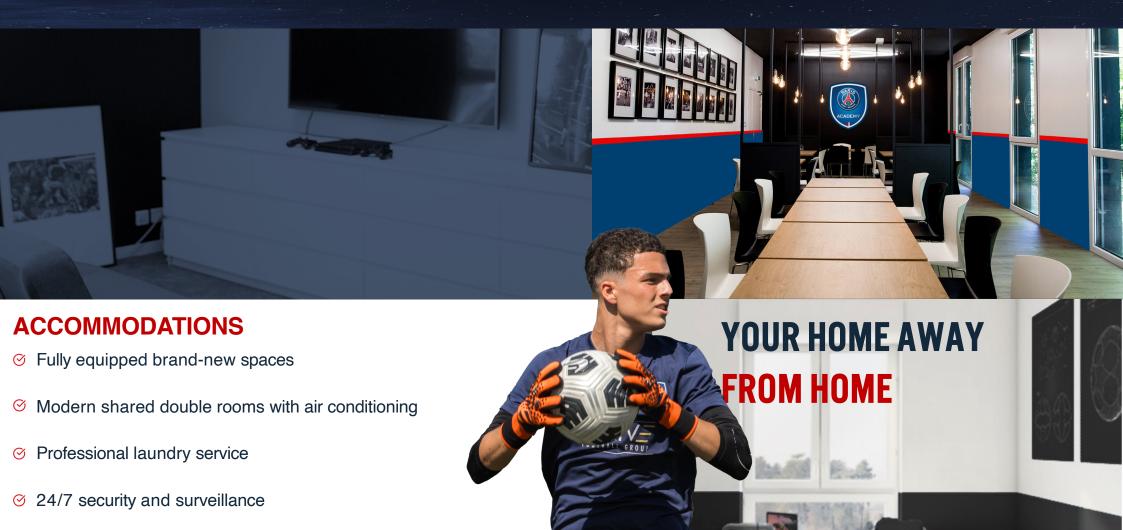
PSG ACADEMY PRO CAMPUS







PSG ACADEMY PRO CAMPUS



- Healthy meals served at our modern cafeteria, prepared by a French private chef and his team
- High-speed Wi-Fi, property-wide

PRO PLAYER

DEVELOPMENT



PROFESSIONAL TRAINING EUROPEAN FOOTBALL PROGRAM

By following the world-renowned Paris Saint-Germain methodology, players will take their skills, understanding, and vision of the game to the next level. The objective of the Paris Saint-Germain methodology is to build intelligent players, capable of taking the best decision in every game situation.

INDIVIDUAL FOCUS

- Analysis of strengths & weaknesses
- strengtheningMental conditioning
- Individual analysis of players

TACTICAL SETUP, POSITION – SPECIFIC TRAINING

- Offensive & defensive transitions
- Position-specific training sessions
- Set pieces

VIDEO ANALYSIS

- Tactical study of professional teams
- ✓ Video analysis (Training session preparation)

CUSTOM COMPETITIONS

- Internal tournaments

TECHNICAL EXERCICES

- Numerical disadvantage drills & small-sided games
- ⊗ Rondo
- Execution of offensive & defensive plays
- Specific technical skills: passing, dribbling, finishing

EXCLUSIVE

Participants receive professional screening and assessment to be selected for 10-month Pro Residency Academy



PRO HIGH-PERFORMANCE CLINICS AT PSG ACADEMY PRO RESIDENCY

PRO HIGH PERFORMANCE CLINIC HIGHLIGHTS

COMPLETE IMMERSION IN A 100% PARIS SAINT-GERMAIN ENVIRONMENT

- Obscover the training methodology of Paris Saint-Germain, and follow the same training program as the one applied in Paris.
- Comprehensive Paris Saint-Germain Academy football development programs
- Certified PSG Academy and UEFA A / FFF licensed professional coaching staff
- State-of-the-art amenities and facilities

- [♥] Opportunity to get a professional screening and assessment to be selected for the 10-month Pro Residency Academy

EXCLUSIVE: Coaches are coming from PSG – Paris, to supervise and run the Pro High-Performance Clinics.



OPEN TO ADVANCED

PLAYERS

During the summer, Paris Saint-Germain Academy Pro Residency opens its doors to approx. 50 elite players per week, driving individuals from all over the world to reach the next level and master the fundamentals of professional football.

Recruitment requirements:

GENDER

BOYS only

AGE

From ages 11 through 19 (born 2005 – 2013)

LEVEL

Minimum 2 years of competitive experience.

Not for beginners and recommended for high-performance athletes competing and/or playing football at a club.

For further questions, feel free to contact us at grandgeneve@psgacademypro.com.

DATES

Week 1: Sunday June 23rd - Friday June 28th, 2024

Week 2: Sunday June 30th - Friday July 5th, 2024

Week 3: Sunday July 7th - Friday July 12th, 2024

Week 4: Sunday July 14th - Friday July 19th, 2024

Week 5: Sunday July 21st - Friday July 26th, 2024

Week 6: Sunday July 28th - Friday August 2nd, 2024

Week 7: Sunday August 4th - Friday August 9th, 2024



^{*} DAY CAMPS start on Mondays. Weekends are complimentary for 2+ weeks to campers.

AN IMMERSIVE EXPERIENCE

WHAT'S INCLUDED IN A WEEK?



ROOM AND BOARD

- Accommodation in fully renovated, airconditioned double bedrooms
- Healthy and balanced meals: Breakfast, Lunch, Snack, Dinner
- Lounges, classrooms, and video room



FOOTBALL

- Tactical and technical training led by certified PSG and UEFA / FFF licensed technical staff (over 25 hours / week)
- Strengthening, physical care and conditioning sessions
- Professional assessments
- Small-sided games and internal tournament



MISCELLANEOUS

- Welcome and award ceremonies
- Individual and group pictures
- Performance report



EQUIPMENT

- 2 Nike PSG Academy Pro Camps uniform kit (socks, shorts, jerseys, add. polo)
- Bedding and bath towels
- Uniform laundry service after each training & game



PRO CONFERENCES

- Mental conditioning featuring professional sport psychologist
- Career in football (featuring professional players and technical football experts)
- Invisible training (nutrition/hydration, injury prevention, recovery)
- Highlight video creation



PHYSICAL DEVELOPMENT

- State-of-the-art professional football campus with access to:
 - Fitness gym (strength & cardio)
 - Physical therapy
 - Hydrotherapy (hot/cold bath)

A UNIQUE EXPERIENCE

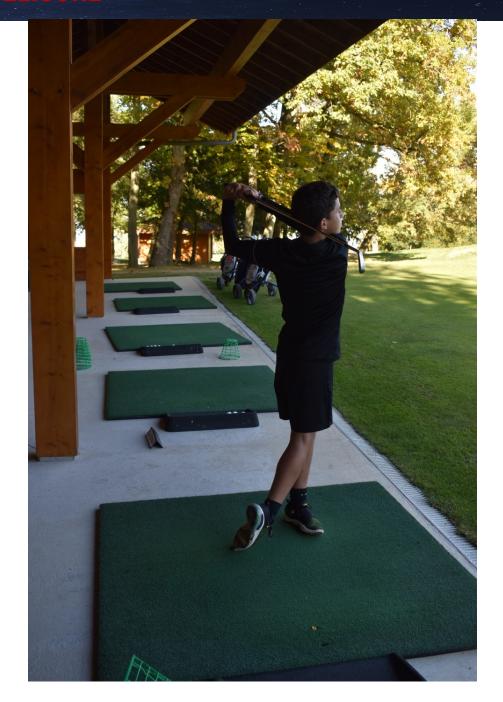
ONLY AT PARIS SAINT-GERMAIN ACADEMY PRO

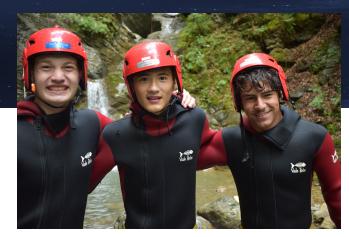
- Pro football career conferences
- Daily physical therapy (based on needs)
- Mental conditioning and group psychology sessions
- Meeting with the technical director
- Hydrotherapy



ACTIVITIES

AND LEISURE







- Waterpark
- Sightseeing through the city of Evian-les-Bains
- Sightseeing through the city of Thonon-les-Bains
- Fun team building activities (paddleboard, water sports)
- Movie nights in our movie theater room
- Hiking / Biking in the Alps (Les Gets Ski Resort)

^{*} Weekend activities and excursions are complimentary. They may be subject to change.

PRO CLINICS SCHEDULE (SUBJECT TO CHANGE)

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00AM		WELCOME PRESENTATION	GYM	200	GYM	8		
10:00AM		ASSESSMENTS	VIDEO Analysis	RECORDED MATCHES	VIDEO Analysis	INTERNAL TOUNAMENT	TRAINING AND GAMES	FREE TIME
11:00AM			TRAINING		TRAINING			
12:00AM								
1:00PM		LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
2:00PM	Arrivals / Airport Pick-up Room assignment Team Building Games (For residential players only)	PHYSICAL THERAPY	PHYSICAL THERAPY	LAKE OUTING	PHYSICAL Therapy	PHYSICAL THERAPY INTERNAL TOUNAMENT	POOL	TREETOP TREKKING
2:30PM		CONFERENCE: PSG PROJECT	CONFERENCE: Invisible training		CONFERENCE: NUTRITION			
3:30PM		TRAINING	TRAINING		TRAINING			
4:30PM						CLOSING CEREMONY		
5:30PM		RECOVERY	INFORMATION MEETING ABOUT THE YEAR-ROUND PROGRAM		RECOVERY			
7:30PM		DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
8:00PM		TEAM BUILDING AND ACTIVITIES	VISIT OF THONON	TEAM BUILDING AND ACTIVITIES	TEAM BUILDING AND ACTIVITIES	VISIT OF EVIAN-LES-BAINS	TEAM BUILDING AND ACTIVITIES	TEAM BUILDING AND ACTIVITIES
10:00PM		CURFEW	CURFEW	CURFEW	CURFEW	CURFEW	CURFEW	CURFEW

PRICING







RESIDENTIAL

5 nights (1 week): 2,300 EUR

12 nights (2 weeks): 4,600 EUR

19 nights (3 weeks): 6,900 EUR

26 nights (4 weeks): 9,200 EUR

33 nights (5 weeks): 11,500 EUR

40 nights (6 weeks): 13,800 EUR

47 nights (7 weeks): 16,100 EUR

DAY CAMP

1,100 EUR / week

ADDITIONAL COSTS NOT INCLUDED IN THE PRICE

TAXI

From/to Geneva (Airport, bus, train stations)

120 EUR (one trip) 240 EUR (round trip).

We will communicate your booking to our local partner:

Taxi Evian 74. Payment should be arranged directly with them.

(Please note that the taxi from/to Thonon or Evian - Train, Bus stations and port - is complimentary)

INTERNATIONAL HEALTH / TRAVEL INSURANCE

It is mandatory for all players to come with their International Health Insurance certificate or card. This will indeed be requested and used by our Paris Saint-Germain Academy Pro and medical staff in case of emergency.



GRANDGENEVE.PSGACADEMYPRO.COM
Questions? grandgeneve@psgacademypro.com